Brookfields Private Nursing Home
488 Burton Road
Derby, DE23 6AL

Tel: 01332 343840
Office: 01332 348395
Email: admin@wearebrookfields.com

In this issue ...

• The Centenarian!
• Birthdays
• Meet our Residents
• Upcoming Events
• Activities update
• Brookfields News
Welcome to the Autumn Issue of the Brookfields Gazette

...It’s been a while since we last printed our gazette but hopefully, we will now have a more regular publication.

In this issue, we’ve included a mix of current news and items from earlier in the year which we felt should be shared.

And, for future issues, we’d love to have more stories from our guests - so, if anyone is willing to share their life experiences with us we’d be happy to turn this into a piece for the next edition.

OOPS!! Brookfields NEW signage ....

During the Summer, we worked on new logos and colours for the home’s revamped image.

Along with new Stationery etc., we ordered a new sign for the front entrance.

Our designer put together the artwork, we checked it and so did the printer!! The mistake was first spotted by an old friend of Brookfields, Dr Hough.

We had used the incorrect spelling of the word recuperation - there are apparently two versions:-

RECOUPERATION - to recoup or recover funds

RECUPERATION - to recover from illness

Obviously, the first one is not at all what we wanted to say, hence the piece of tape on our new sign.

We are however, in the process of replacing the sign with a correctly spelt version and a slightly darker burgundy.
**Brookfields NEWS ...**

The regular Residents & Visitors Forum Meetings continue to be a popular opportunity for discussion, reviewing, making suggestions and socialising.

The last meeting, which was held on the 17th September 2014, was a lively occasion where we’re able to report the progress that has been made and as usual, a full copy the minutes is available from the office.

To recap the main points though:-

**Food...**

The residents asked for a change to the selection of foods and over the past few weeks we’ve introduced a variety of new dishes, suggested directly by our Residents for our guests to try, resulting in the most popular of these being added to the NEW Winter Menu... so, keep your suggestions rolling in and let’s keep our Catering Staff on their toes!

**Afternoon Hostess** - To help us to bring another of the residents ideas to fruition, we have created a new role of Afternoon Hostess, headed by the lovely Julie Smith who has already proved to be a great hit with the Residents.

Also as requested, we have adjusted the timing of the morning coffee round – so let us know if this suits.

**Refurbishments...**

You may have seen the cherry pickers outside. They are being used to redecorate the front of the building which is the start of our large refurbishment project.

The project will include:

- New carpet throughout
- Internal re-decoration
- Upgrade to bathrooms and en-suites

Have you seen our 2 additional, purpose built NEW rooms? If you would like to view them, just ask Sister; the rooms are now complete but are awaiting registration.

The Residents and Staff have been involved as always, in the choosing of décor etc., although they weren’t much help when it came to the carpet as they were evenly split!

**Gardens...**

Super George has been at work again …. and together, we are attempting a long term plan to re-stock the gardens. We are as ever, grateful for any ideas, suggestions and expertise. And if you know anyone with some gardening interest and spare time - who would like to be involved in guiding the project (no spadework needed!), do let us know.

**New 1-way Traffic Flow System...**

To help to ensure that Residents and Staff are safe when using the gardens, we will be implementing a new 1-way traffic system which will render the Farley Road access as ‘Exit Only’. A traffic flow plate will be installed across the driveway near to the Farley Road gate and, a speed bump half way down the rear drive.

We hope that this will discourage people taking a shortcut and speeders!

The front drive will remain 2-way as before.

**Website...**

The new website is now live – you can now find us at [www.wearebrookfields.com](http://www.wearebrookfields.com) – please let us have your feedback.

**Next Residents’ & Visitors’ Forum Meeting** – will be held on 29th October 2014. Please come along…we will have cake!
Belated Birthday wishes go to

7th Jul Dorothy Robinson
7th Jul Sydney Bartlett
8th Aug Rosemary Innes
18th Aug Nancy Brown
18th Aug James Chambers
24th Aug Olive Bradley
29th Aug Jean Bednall
30th Aug John Smith
1st Sep Hilda Ilsley
20th Sep Dr Michael Leveaux
29th Sep Mary (Edna) Carruthers

Congratulations Everyone!

Forthcoming Birthdays

9th Nov Joan Bennett
26th Dec Noel Francis

SPECIAL CENTENARIAN CELEBRATIONS ........

On the 24th August, Olive Bradley celebrated her 100th Birthday!

Olive enjoyed her big day with relatives, friends and the Brookfields staff - who all shared a special tea and a beautiful cake.
Brookfields Entertainment

As part of our regular musical entertainment programme our residents have recently enjoyed sing-a-longs with David Shaw (Singer), Roland Wheatley (Singer) and Brian Ricky (Musical Entertainer) among others.

These events are very popular with the Residents and we have more sessions scheduled for the coming Autumn / Winter season. If any of you would like to join your relative or friend on one of these afternoons, please visit our Activities page on the new website the Forthcoming Events Section will be updated regularly to provide information on all forthcoming events and activities; alternatively, details may also be found on the Entertainments notice Board in the main hallway.

Look out for our Christmas programme too!

Crafts...

We aim to provide “something different” for our Guests to do, which we hope will bring some pleasure and a sense of achievement to all. Two of our new recreation ideas were in the form of Craft Sessions:

Making Butterflies – Residents produced really striking butterflies using (would you believe), a food bag and tissue paper; they now have the butterflies hanging in their rooms so that they can continue to enjoy something that they have made themselves.

Making Glass Coasters – A glass specialist visited Brookfields to show the Residents the art of cutting glass to create a decorative coaster. We had some great designs and this was very much enjoyed by all who took part. Non-participants also found this session extremely interesting.

Garden Centre trip

We went on a trip to Wyevale garden centre to buy some new plants for the Brookfields window boxes. With many different types of flowers to choose from, we finally decided to choose the most brightly coloured ones.

Our group, ably assisted by Charlie Woods, Esther’s stepdaughter Rosemary, and the lovely Jim Burnett, our Porter, enjoyed viewing the greenhouses and gardens and taking refreshments and cake in the sunshine! A few of the group also visited the shop before heading back to the bus. During the return journey home, the group planned activities for the following day to plant the new blooms.

The day was enjoyed by all, and we’d like to thank Charlie and Rosemary once again for assisting with the wheelchair bound residents.

Baking - Rebecca Yorke, our Activities Co-ordinator, recently attended a training course to help her explore new ideas for occupational activities.

She was able to apply for a grant for equipment to enhance her programme and successfully obtained a rather wonderful mini oven with which she can run baking sessions. These have been very popular and meant that our Residents were able to contribute to our MacMillan Coffee and Cake morning.
Brookfields Entertainment cont’d...

Residents baked a range of cakes which included Lemon and Cherry Cakes and Jam Tarts.

These all went down a treat and we look forward to producing more goodies soon!

MacMillan Coffee Morning – we held our first ever MacMillan Coffee Morning on Friday 26th September. We didn’t quite know what to expect, or indeed how many people would attend. Along with the residents’ cakes, the staff also donated a range of delicious baked goods and fancies.

Staff News

Dani’s Early Delivery...

On 16th April 2014, Danielle Williams gave birth to her beautiful baby girl Nylah somewhat early, but both are safe and well.

Danielle is still away on maternity leave but is planning to rejoin us in the New Year!

50th Birthday Celebration!

On 23rd September it was Helen O’Connor’s 50th Birthday - Helen was on duty on the day, but Natasha (her daughter and one of our weekend Catering Assistants here at Brookfields), organised a Surprise Party the following weekend.

CONGRATULATIONS
DANI & HELEN!
Meet our Residents …..

Joan Bennett - was born in Matlock in the winter of 1925 and at the age of just 7 years old, she was adopted by an Aunt - along with 3 sisters. Joan was the 2nd eldest of the siblings and despite losing her mum at such an early age, Joan loved her “growing up years”. She did well at school, and achieved a scholarship.

When she left school at the age of 16 years, she took up a post at the Railway Offices – where she continued to work for the next 21 years!

With the purchase of a lovely bungalow in the Allestree area in the 1960’s, Joan moved to Derby and not long after, she met her husband George whilst still working for the Railway.

In 1963 they married and 1yr 8 months later, George and Joan had a beautiful baby boy who they named Colin.

Joan, George and Colin enjoyed many family holidays together in north Wales as this was Colin’s favourite destination; and in her spare time, Joan enjoyed sewing and crafts and today, still makes different types of celebratory cards.

Joan came to stay at Brookfields in January 2013 and tells us “I’m very happy here – I now have some lovely friends”.

She is also looking forward to moving into Room 31 (one of the NEW Rooms) as soon as it is registered.

Hilda Ilsley - was born in September 1921 and as a child, grew up in Bootle, Liverpool; she talks fondly about her school days and her love of music which brought her together with her husband Jim.

Hilda and Jim married in the summer of 1949 and 1 year later, they were blessed with their first daughter – Pauline who was followed five years later by their second daughter Elaine.

Hilda and Jim moved several times but didn’t stray too far from Liverpool and throughout their marriage, Hilda was a “stay at home” mum, looking after their home and always there for her children.

However, when husband Jim sadly passed away, Hilda moved to Brookfields during the summer of 2013, to be closer to her family who live in Derby, and she says “I have met some lovely people since being here!”
Celebrating the life of Sheila Minion

As many of you will know, Sheila Minion, who had been a resident here at Brookfields for the last 18 months, passed away peacefully in August this year.

Sheila was well known in the community as she had been both a pupil and a Maths teacher at Parkfield Cedars for the majority of her career.

Anne Owen, a former colleague, wrote of Sheila “As a non-mathematician myself, I always marvelled at the way she seemed able to make maths fun for her class”.

Amongst other things, Sheila established and ran the Camera Club organising photographic expeditions, picnics and parties and acted as the official photographer for the sports teams and special events.

She was an enthusiastic member of the ‘Old Girls Guild’ ad organised a big exhibition for the 5-yearly school reunion in 1994. The outcome of this was the publication in 1999 of a book on the history of the school, “Parkfield Cedars – True to the End”.

In her retirement, she set up the Parkfield Cedars coffee club, which still meets on a regular basis. Even in her final years, when she seemed to lose the power of speech, she could still sing the school song, word perfect, all the way through.

Her funeral was attended by former colleagues and pupils, and friends – many of whom came back to Brookfields, Sheila’s home in recent years, for refreshments and a chance to reminisce.

We should like to extend our thanks to Anne Owen and Ann Brown for their help in notifying people of Sheila’s passing and for supplying information about her life. Anne Owen’s article about Sheila’ life was printed in the Derby Evening Telegraph on 17th September 2014 and we have a copy in the office if anyone would like to read this.

As a matter of interest, Sheila was the second Parkfield Cedars staff member that has resided at Broofields. Mrs Alice Jarvis (formerly Miss Uffendell) was the Head Mistress of Parkfield Cedars for many years, and latterly lived here for 10 years until her death in 1997.

Sheila will be sadly missed by all.

Next Issue: January 2015 - we’d love to have some more life stories or any other articles that may be of interest to our Residents and their families and friends.

Relatives and friends can email stories to: admin@wearebrookfields.com or Residents can talk to Beki Yorke who will be happy to make some notes for us. Your stories will need to be submitted by Mid December at the latest for the next edition.